

For Immediate Release

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Cowden Associates, Inc. Hires Health & Benefits Senior Consultant

PITTSBURGH, January 17, 2018 — Pittsburgh-based Cowden Associates, Inc. (Cowden), the leading independent actuarial, compensation, and employee benefits consulting firm in the tri-state region, has hired Patricia Tosto as a Senior Consultant in their Health and Benefits practice.



Patty Tosto

Patty has joined Cowden's health and benefits practice as a Senior Consultant. Patty's experience in the benefits industry includes consulting at an international consulting firm and account manager at a health insurer. In her role, she will be responsible for strategic client management and financial consulting for our clients. Patty brings extensive benefits consulting experience, as it relates to client management, financial arrangements, plan administration, and compliance.

"Patty adds experience and strategies to our health and benefits consulting team through her diverse background and extensive industry knowledge. Patty is an asset that continues to allow us the ability to provide exceptional service to our clients" said Cowden Vice President of Health and Benefits, Lesa Votovich.

About Cowden Associates, Inc.

Cowden Associates, Inc. is a Pittsburgh-based consulting and actuarial firm. We have a dedicated team of professionals with extensive experience in benefits, retirement programs, compensation, employee communications, benefits enrollment, actuarial and technology services. Using a total compensation based approach, Cowden provides a full range of consulting services helping clients establish and maintain high quality compensation and benefit programs, aligning organizations' business strategies and objectives.

For more information, please contact:
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