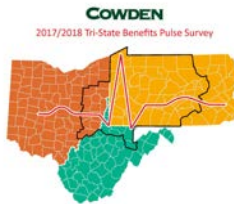


For Immediate Release

Contact: Lesa M. Votovich, GBA
Vice President, Health and Benefits
Cowden Associates, Inc.
412.394.9308
lesav@cowdenassociates.com

Cowden Associates, Inc. Announces 2017/2018 Tri-State Benefits Pulse Survey

PITTSBURGH, October 31, 2017 – Pittsburgh-based Cowden Associates, Inc. (Cowden), the leading independent retirement/actuarial, compensation, and employee benefits consulting firm in the Tri-State region, announces upcoming 2017/2018 Tri-State Benefits Pulse Survey.



The survey is designed to gather information concerning the issues employers are facing in regard to their health and welfare plans, as well as the plan management strategies that are being implemented. The survey will accept participation from employers with 200+ employees, covering eastern Ohio, Northern West Virginia and Central/ Western Pennsylvania and slated to open in mid-November. The questionnaire encompasses medical, prescription drug, dental, vision, and other ancillary coverages.

Survey results will be available in the spring of 2018, to provide employers with valuable information to incorporate into their 2019 benefits planning.

About Cowden Associates, Inc.

Cowden Associates, Inc. is a Pittsburgh-based consulting and actuarial firm. We have a dedicated team of professionals with extensive experience in benefits, retirement programs, compensation, employee communications, benefits enrollment, and actuarial and technology services. Using a total compensation based approach, Cowden provides a full range of consulting services, helping clients establish and maintain high quality compensation and benefit programs, aligning organizations' business strategies and objectives.

For more information, please contact:

Lesla M. Votovich, GBA
Vice President, Health and Benefits
Cowden Associates, Inc.
412.394.9308
lesav@cowdenassociates.com
www.cowdenassociates.com
