

For Immediate Release

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Cowden Associates, Inc. Hires Health & Benefits Analyst

PITTSBURGH, March 29, 2016 — Pittsburgh-based Cowden Associates, Inc., (“Cowden”) the leading independent actuarial, compensation and employee benefits consulting firm in the tri-state region has hired Nicole Spoales as an analyst in their Health and Benefits practice.



Nicole
Spoales

Nicole joined our health and benefits practice as an analyst. In her role, she will assist with all aspects of client management including, evaluating benefit plans and programs, data analysis and managing day to day client issues that may arise.

Over the last 8 years, she has developed a strong understanding of health and welfare plan administration and consulting. In addition, Nicole brings with her a deep knowledge of wellness programs.

“We are thrilled to have Nicole as an addition to the Health and Benefits team. She brings a wealth of industry knowledge and experience that will support Cowden’s mission to serve the needs of our clients, and I am positive that her contributions will be a true asset to our firm” says Lesa Votovich, vice president, health & benefits.

About Cowden Associates, Inc.

Cowden Associates, Inc. is a Pittsburgh-based consulting and actuarial firm. We have a dedicated team of professionals with extensive experience in benefits, retirement programs, compensation, employee communications, benefits enrollment, actuarial and technology services. Using a total compensation based approach, Cowden provides a full range of consulting services helping clients establish and maintain high quality compensation and benefit programs aligning organizations’ business strategies and objectives. Cowden is a charter partner of United Benefit Advisors (UBA), the nation’s leading independent employee benefits advisory organization.

For more information, please contact:

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