

COWDEN ASSOCIATES TO TAKE ON THE MS WALK PITTSBURGH!!!

On April 17, 2016, Cowden Associates will be participating in the annual Pittsburgh MS Walk. Last year, as a firm Cowden raised **\$2,005** and this year's goal has been set at **\$2,500**.

Last year's team on the day of the walk consisted of Cowden employees, family members, and friends. In addition to benefiting the MS Society of Western Pennsylvania, participating in the walk is a great way to represent the community and have some fun outside of our time in the office. All are welcome to walk! Free foods, snacks and beverages will be provided during and after the walk.

Here is the link to our team page along with information about the walk:

<http://main.nationalmssociety.org/goto/TeamCowden>

About Cowden Associates, Inc.

Cowden Associates, Inc. is a Pittsburgh-based consulting and actuarial firm. We have a dedicated team of professionals with extensive experience in benefits, retirement programs, compensation, employee communications, benefits enrollment, actuarial and technology services. Using a total compensation based approach, Cowden Associates, Inc. provides a full range of consulting services helping clients establish and maintain high quality compensation and benefit programs aligning organizations' business strategies and objectives. Cowden Associates, Inc. is a charter partner of United Benefit Advisors (UBA), the nation's leading independent employee benefits advisory organization.

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