

For Immediate Release

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Cowden Associates, Inc. Hires Health & Benefits Consultant and Two Retirement Analysts

PITTSBURGH, August 11, 2015 — Pittsburgh-based Cowden Associates, Inc., (“Cowden”) the leading independent actuarial, compensation and employee benefits consulting firm in the tri-state region has hired Amanda McGourty as a Consultant in their Health and Benefits practice and Shane Parkhill and Nathan Hoellman as Analysts in their Retirement practice.



Amanda McGourty

Amanda McGourty joined our health and benefits practice as a consultant. Amanda advises clients on all aspects of their benefit plans including pricing, benefit design, and compliance.

Amanda brings a strong consultative background with experiences from all aspects of employee benefits. Over the past 10-plus years, Amanda has held a variety of roles in the benefits industry including consulting at an international consulting firm, sales and account management at a national health insurer, and global benefits manager at a large alternative investment management firm. Her experience managing employee benefits from all sides of the table provides a unique perspective on the industry.

“Amanda enhances our health and benefits practice through her unique understanding of clients’ points of view and extends that to our benefits practice; we are excited to have her join our team,” said Cowden President/CEO Elliot N. Dinkin.



Shane Parkhill

Two analysts, Shane Parkhill and Nathan Hoellman also joined our firm to bring additional depth to our experienced retirement practice. Shane Parkhill brings previous analyst experience and is a graduate of the University of Pittsburgh having passed two Society of Actuary (“SOA”) exams, and Nate Hoellman is a recent graduate of the University of Pittsburgh having passed three SOA exams. Both Shane and Nate are currently pursuing their Associate of the Society of Actuaries designations.



Nathan Hoellman

“To have an opportunity to enhance our expertise in the retirement practice through the hiring of both Shane and Nate supplements our corporate philosophy of always being forward thinking to meet the ever-changing needs of our clients to assist them in achieving their goals and objectives” said Cowden President/CEO Elliot N. Dinkin.

About Cowden Associates, Inc.

Cowden Associates, Inc. is a Pittsburgh-based consulting and actuarial firm. We have a dedicated team of professionals with extensive experience in benefits, retirement programs, compensation, employee communications, benefits enrollment, actuarial and technology services. Using a total compensation based approach, Cowden provides a full range of consulting services helping clients establish and maintain high quality compensation and benefit programs aligning organizations' business strategies and objectives. Cowden is a charter partner of United Benefit Advisors (UBA), the nation's leading independent employee benefits advisory organization.

For more information, please contact:

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